Annual Meeting of the
Swiss Society of Sleep Research, Sleep Medicine and Chronobiology (SSSSC)

Zurich Sleep Medicine Symposium 2012

Wednesday, April 11, 2012, 13:00–18:45
Thursday, April 12, 2012, 8:30–18:30

University of Zurich, Hörsaal Häldeliweg
Häldeliweg 2, 8091 Zurich
Dear Colleagues

We would like to invite you to the 2012 joint conference of the Swiss Society of Sleep Research, Sleep Medicine and Chronobiology (SSSSC) and the Sleep Medicine Symposium of the Zurich University Hospital.

The conference starts on Wednesday April 11th with a symposium of the recently founded Zurich Sleep Research Network: Various sleep research groups based at the University of Zurich and the University Hospitals will give overviews of their current joint activities, a great opportunity to pick up some new ideas for your own research and to network with internationally renowned scientists.

The program of the 2012 conference of the SSSSC includes a broad selection of workshops interesting to both clinicians and scientists, as well as presentations on hot topics of sleep research, sleep medicine and chronobiology.

The Zurich Sleep Medicine Symposium on Thursday April 12th will focus on clinically important issues in patients with respiratory and neurological sleep disorders presented by leading international specialists.

We look forward to seeing you in Zurich and hope you will enjoy the conference.

PD Dr. Malcolm Kohler
Prof. Dr. Konrad Bloch
for the Organizing and Scientific Committee of the SSSSC

Prof. Dr. Peter Achermann
PD Dr. Christian Baumann
President SSSSC
Co-Chair Zurich Sleep Medicine Symposium
Program Day 1, Wednesday April 11, 2012

12:00 Arrival

12:50 Official Welcome
M. Kohler, P. Achermann

13:00 Symposium Zurich Sleep Research Network UZH
Chairs: H.-P. Landolt, R. Huber

15:00 Coffee break

15:30 First Round of Workshops

Workshop 1
Which OSA patients should be treated?
J. Stradling, R. Thurnheer

Workshop 2
Sleep disorders in children
O. Jenni

Workshop 3
Disorders of the circadian rhythm
M. Münch, V. Bromundt

Workshop 4
Sleep and Epilepsy
H. Gast, R. Khatami

Workshop 5
Insomnia in psychiatric disorders: a neglected aspect
M. Hatzinger, J. Beck

16:30 Second Round of Workshops (see above)
Please choose 1 workshop per round and indicate your choice on the registration form. Fee CHF 50.–/2 workshops.

17:30 Break

17:45 Main Session 1
Chairs: M. Kohler, R. Heinzer

OSA: Different treatments for different phenotypes?
D. Eckert

OSA and metabolic syndrome in the general population
J. Haba-Rubio

Sleep disturbances at altitude
T. Latshang

19:30 Social event SSSSC
Dinner CHF 80.–/person, students CHF 40.–
08:30  **Main Session 2**  
Chairs: C. Cajochen, M. Münch  

*Live to the rhythm, slave to the rhythm*  
E. Van Someren  

*A non circadian role for clock genes in sleep regulation*  
T. Curie  

*A time to think: circadian rhythms in human cognition*  
C. Schmidt  

09:30  **Coffee break**  

10:00  **Oral presentations**  
Chairs: M. Tafti, S. Brown  

*Presentation of selected scientific papers*  

11:30  **Poster Viewing**  
Chairs: H.-P. Landolt, P. Franken, J. Mathis, R. Huber  

12:30  **Lunch Break**  

13:30  **General Assembly SSSSC**  

14:30  **Main session 3**  
Chairs: R. Khatami, H. Gast  

*Sleep and Epilepsy*  
M. Walker  

*H1N1 infection, vaccination and narcolepsy*  
M. Partinen  

15:30  **Coffee Break**  

16:00  **Awards**
<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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<tr>
<td>16:30</td>
<td>Assessment of driving ability in patients with OSA</td>
<td>R. Grunstein</td>
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<td>17:00</td>
<td>The impact of CPAP therapy on cardiovascular events</td>
<td>F. Barbé</td>
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<td>17:30</td>
<td>REM sleep behaviour disorder: Idiopathic versus Parkinson-related</td>
<td>A. Iranzo</td>
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<tr>
<td>18:00</td>
<td>REM sleep behaviour disorder: Assessment and associated symptoms</td>
<td>Ch. Baumann</td>
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<td>18:30</td>
<td>Reception</td>
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</tbody>
</table>
# Speakers and Chairs

(In alphabetical order)

## Speakers

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Barbé, Ferran</td>
<td>Lleida</td>
<td>Spain</td>
</tr>
<tr>
<td>Baumann, Christian</td>
<td>Zurich</td>
<td>Switzerland</td>
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<td>Van Someren, Eus</td>
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<td>Walker, Matthew</td>
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<td>Tafti, Mehdi</td>
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Call for Abstracts

Please send us your abstracts by February 8, 2012.

Criteria for abstracts

**Authors**  List all authors and their institutions.

**Title**  Maximum of 250 characters (incl. spaces).

**Abstract Body**  Maximum of 2500 characters (incl. spaces), in English, structured in **Background, Methods, Results, Conclusions**.

**Figures/Tables**  Maximum 1 figure or 1 table.

**Funding**  At the end of the abstract, the funding of the study has to be indicated.

**Requested format**  Word (doc).

Please send your abstracts by Email to
Yvonne Fernández, University Hospital Zurich, Dept. of Neurology, Frauenklinikstrasse 26, CH-8091 Zurich
Email: yvonne.fernandez@usz.ch

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Information/Registration

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Frauenklinikstrasse 26
CH-8091 Zurich

Phone  +41 44 255 55 03  yvonne.fernandez@usz.ch
Fax  +41 44 255 92 01  www.ssssc2012.ch

Please register **by February 8, 2012**
(see registration form attached or on www.ssssc2012.ch).

The **fees for the workshops** (CHF 50.–/2 workshops) and the **social event**
(CHF 80.–/person, CHF 40.–/students) have to be paid **by bank transfer**
**by March 31, 2012**.

**Bank Details:**
Bank Name:  Zürcher Kantonalanbank, CH-8022 Zürich
SWIFT Code:  ZKBCHZZ80A
IBAN Code:  CH80 0070 0110 0037 2106 1
Account Holder:  Yvonne Fernández, Chämletenweg 4, CH-8153 Rümlang
Account Name:  «Schlafmedizin»

**Venue**

Tramline #6 from Zurich Main Trainstation to the stop «Platte». 
### Registration Form

Please register by February 8, 2012, using this form or via www.ssssc2012.ch.

I will attend

- [ ] the Annual Meeting SSSSC and the Zurich Sleep Symposium 2012
- [ ] the Zurich Sleep Symposium 2012 only
- [ ] the following 2 workshops (please indicate max. 1 in each column):

<table>
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<tr>
<th>Round 1: 15:30–16:30</th>
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Account Name: «Schlafmedizin»

Title/Complete Name: 
Institution: 
Department: 
Address: 
ZIP Code/City: 
Email: 
Phone: 
Date/Signature: 

**Please send to**

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Fax +41 44 255 92 01, Email: yvonne.fernandez@usz.ch